



First-Year Commuter Newsletter

Happy February, Rams!

Spring semester is off and running! I hope everyone is enjoying their classes so far, whether they're face-to-face, hybrid or online. I decided to limit my outside contact and take only online classes this semester, which is a new approach for me. I signed up for a TILT workshop on success in online classes for some guidance. We'll see how it goes!

As you reflect on your second semester here at CSU, consider how you're doing so far and how you want to continue, whether it be academics, health, extracurricular activities, or anything else in your life that's central to who you are.

Remember to take care of yourself and those you love, Rams, and have an amazing month!

Best,
Tamara

COVID Updates

I'm sure you've all received at least a couple of emails about this, but as a reminder, several groups of people are required to participate in weekly COVID-19 tests, including all first-year students who are in at least one face-to-face class and all students living in fraternity/sorority housing. If you fall into any of the categories and haven't already registered, please do so immediately by clicking [here](#).

If you missed the town halls about what to expect this Spring Semester, you can watch a recording [here](#). We're now into Phase 2 of the Spring schedule:

- Phase 2: Starting the second week, classes previously identified as 100% face-to-face will be going in-person. Select hybrid courses, such as labs, will also be allowed to start in-person.
- Phase 3: Start date unknown. The remainder of the hybrid courses may be able to move away from remote learning depending on Larimer County's health guidelines. Faculty will receive an update on when or if that may happen on Feb. 5th.

Spring break is still pushed back one month from usual, beginning April 12th, with all classes operating fully remotely afterward.

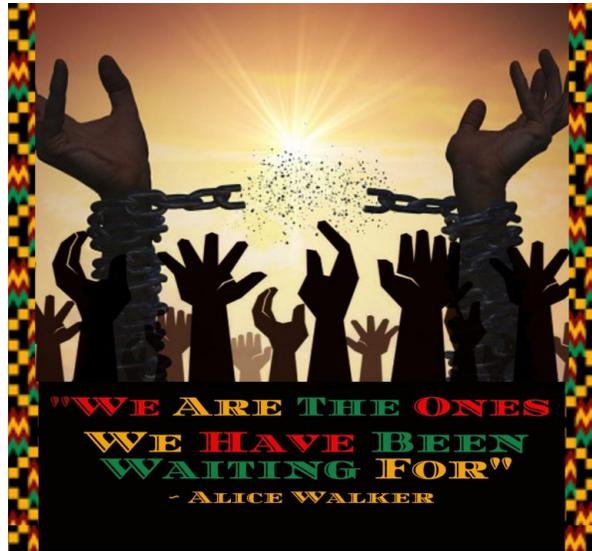
Off-Campus Life Housing Fair

As a reminder, CSU's Virtual Housing Fair will take place on February 3rd, 2021 from 10:00 AM to 4:00 PM. The Housing Fair brings together property management companies, landlords, realtors, other community resources, and CSU offices to inform students about their housing options and provide guidance on how to successfully live off campus. It's free for CSU students - all you have to do is drop in! Check out the details [here](#).

February is Black History Month

Every February the Black/African American Cultural Center at CSU makes an intentional effort to highlight the accomplishments and contributions of African, African American, and Pan-African people and culture. This is done through a great deal of collaboration with CSU students, student organizations,

campus faculty/staff, CSU departments, alumni, and Northern Colorado community members. You can find out more information about the virtual events by clicking [here](#).



Don't Forget Your CSU Scholarship Application!

The CSUSA is a competitive online scholarship application for many of the scholarships at CSU. Scholarships are available in all class levels (entering freshmen, undergraduates, transfer, second bachelor's, graduate and Professional Veterinary Medicine.) Applications are reviewed based on your academic record as well as your answers to the questions on the application.

The deadline is March 1 at 11 p.m. (MST). Go to [RAMweb](#), log in using your eID, and then select the CSU Scholarship Application link.

TILT Workshops
This Month



THE INSTITUTE FOR
LEARNING AND TEACHING
COLORADO STATE UNIVERSITY

Click on the TILT Logo above for more information and to register.

Feb. 2nd and 3rd: Mastering Time Management.

Learn how to effectively prioritize a schedule, create a balance, and maximize a school-work-personal schedule.

Feb. 9th and 10th: Success in Online Courses

Effective time management, discipline, and learning communities are three ways to thrive in online courses. Learn more strategies on how to thrive in a virtual and in-person learning environment.

Feb. 16th and 17th: Mid-Term Study Strategies

The energy is high, and so is the stress of mid-terms. Join us in this interactive workshop to learn high impact study strategies to ace your next big exam.

Feb. 23rd and 24th: Managing Academic Stress

Research has shown that a small amount of stress is good. However, too much stress leads to anxiety and poor performance. This workshop discusses academic stressors students face and how to navigate those challenges.

Looking for a Job On Campus?



Did you know that you can search for on-campus jobs through [RamWeb](#)? From the drop-down menu, click on Student Employment, then click on "Full Time, Internships and Part-time Jobs" link. This takes you to the Handshake website. Once you sign in and create your account, scroll down the page until you see "Jobs on Campus Colorado State." Clicking on that takes you to a constantly-updated list of part-time on-campus jobs. If you already have a Handshake account, you can click [here](#) for the list.

Orientation and Transition Programs (OTP) is looking for Orientation and Transfer Transition Leaders. OTP provides programming and services designed to assist first-year, second-year, and transfer students with a successful transition at CSU. They offer a continuum of services beginning with orientation to Ram Welcome (prior to classes beginning) to transition programming throughout the first two years of students'

experiences at CSU. OTP places high value on student leadership and development, and employs over 350 student leaders to implement these university-wide programs. Visit OTP's "Join Our Team" website [here](#).

Off-Campus Life (OCL) is also hiring Graphic Designers and a Videographer! We help students moving or living off campus to have a successful transition and integration into the Fort Collins community. Our mission is to promote positive relationship building and provide off-campus living information, services and educational programs that benefit the student body, university and surrounding communities. Visit OCL's website [here](#).

Thinking about studying abroad?

It's never too early to start planning! CSU sends over 1,600 abroad each year to over 80 countries, and you could be one of them! Programs can last a week to a year and include study, research, internships, service learning, and other opportunities. The CSU Education Abroad team wants these life-transforming experiences to be as accessible as possible.



Visit for more info



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Year 2 @ CSU supports second-year students and provides opportunities for students to enhance and maintain their connection to CSU!

For a full listing of events and details on campus important for second-year students, visit the [event calendar page](#). You can find more information on programs for second-year students by emailing year2@colostate.edu or calling 970-491-6011.

RamRide x Lyft

is Back!

RamRide is happy to announce that they're continuing their partnership with Lyft this semester! Eligible students can get up to four discounted rides (maximum \$12 per ride) in the US, 24/7 through May 15th. You should have received an email around January 14th; check your spam filter if you didn't see it. Click [here](#) if you didn't get the email and for more information.



Colorado = Snow Sports!



SkiSU provides round-trip transportation between CSU and the designated ski resort for \$20 per student (you'll need to make your own arrangements for equipment, lift tickets and any reservation required by the resort). Buses depart at 6:00 am from the bus stop at Plum and Meridian and return to campus at the end of the day. Trips are limited to 24 passengers this year, so don't wait! Click [here](#) for details and to make your reservation.

The trips scheduled for February include:

- Saturday, Feb. 6th to Arapahoe Basin
- Saturday, Feb. 13th to Eldora
- Saturday, Feb. 20th to Keystone
- Sunday, Feb. 21st to Copper
- Saturday, Feb. 27th to Steamboat
- Sunday, Feb. 28th to Arapahoe Basin

Recipe of the Month

Cacio e Pepe Pasta (Cheese & Pepper)

Serves 2

Prep Time: 5 minutes

Total Time: 25 minutes

INGREDIENTS:

1/2 lb. pasta

2 tbsp. butter, divided
1 tbsp. extra-virgin olive oil
Coarsely ground black pepper
3/4 cup freshly grated pecorino cheese, plus
more for garnish
3/4 cup freshly grated Parmesan cheese,
plus more for garnish

DIRECTIONS:

1. In a pot of boiling salted water, cook pasta until al dente. Reserve 2/3 cup pasta water and drain pasta.
2. In a large skillet over medium heat, melt 1 tablespoon butter with oil. Add a generous amount of black pepper and toast until fragrant, about 1 minute.
3. Add 1/3 cup reserved pasta water and bring to simmer. Whisk in remaining butter then, using tongs, toss pasta into butter mixture.
4. Add cheeses and toss constantly until cheese is melty, removing skillet from heat when about half the cheese has melted. If sauce is too thick, loosen with more pasta water.



[Visit for recipe](#)

