

First-Year Commuter Newsletter

Happy March, Rams!

I am so excited for this month to start. Spring forward is March 8th and I'm looking forward to it being lighter out longer everyday. The start of this month also means spring break is approaching and we are approximately half-way through the semester! So, stay focused and push through the second half!

Last month I sent out the February newsletter with an intentional component to see what kind of event you would like to attend with your fellow commuter students. I am planning to have a large-scale event to get all commuter students in one place. I'd really like your feedback so I can focus on events that you would like to go to and would want to stay on campus for an extra hour or two. I am planning to host this event sometime in April so please consider voting. [Click here for the link to the google doc!](#)

If you have any questions for me, please don't hesitate to reach out or stop by Off-Campus Life, in the LSC room 274.

Yours truly,
Topazio



CSU Events

- March 1st: **World Unity Fair 2020**, 3:00 PM, Lory Student Center
- March 3rd: **Women in Science Symposium**, 12:00 PM, Canvas Stadium
- March 4th: **Pride at Work**, 4:30 PM, LSC 304
- March 5th: **Jazz Ensembles Concert**, 7:30 PM, Edna Rizley Griffin Concert Hall
- March 14th - March 22nd: **SPRING BREAK**
- March 24th: **Summer 2020 Registration Beings**

College is hard. No one can truly prepare you for what to expect throughout your journey. It's okay to seek help and ask for it. Consider attending U-Turn!



AN ACADEMIC SUCCESS EVENT

TUESDAY, MARCH 3RD

10A.M. - 4P.M.

LORY STUDENT CENTER
NORTH BALLROOM

UTURN.COLOSTATE.EDU



COLORADO STATE UNIVERSITY

The Institute for
Learning and Teaching

Sponsored by:
University Housing

Collaborative for
Student Achievement

Want to get more involved?

Ram Welcome

- Serve as the primary workforce behind the implementation of 2020 Ram Welcome by guiding and connecting new students during the program.
- Design exceptional customer service by serving as a resource to new students and families and being knowledgeable about all Ram Welcome programs and events.
- Lead a small group of students through the Ram Welcome experience by setting a positive tone, creating excitement and energy for Ram Welcome programs, and having informal discussions with students regarding transition to CSU.
- Engage in a comprehensive leadership development experience founded on the belief that personal and professional development are indefinitely linked.
- Build professional confidence, develop communication skills, work with a diverse team of peers toward a common goal, and make lasting campus connections.
- Make a lasting impact on Colorado State University while giving back to the campus community.



Click to Apply

Presidents Leadership



[Click to Apply](#)

Established in 1989 as a one-year program, CSU's President's Leadership Program (PLP) has grown to a three year, fourteen credit leadership development experience for undergraduate students. The mission for PLP is to develop active, informed civic leaders who practice ethical, inclusive leadership and embody positive humanitarian characteristics, such as optimism, service to others, passion, mindfulness, and fairness.

Spring Break Ideas



Not going anywhere for Spring Break? Spring break can mean more than a beach getaway. Consider doing some of these for your break!

- Staycation
- Relax & sleep
- Eat a home cooked meal everyday
- Hike
- Catch up on homework
- Binge TV
- Take a self care day
- Go to a cheap Tuesday movie
- Take a drive
- Meditate

TEDxCSU

TEDxCSU is an all-day event, with multiple speaker sessions and between those, an opportunity to check out innovative exhibitions, engage with speakers and discuss ideas worth spreading with hundreds of other TEDxCSU attendees. Admission to TEDxCSU includes access to the speaker sessions and entrance into the Exhibit

Hall, with food, beverage, innovative exhibitions and a chance to engage in conversation with almost 500 other participants.

[Click to buy tickets](#)

TED^x
CSU
**x = independently
organized TED event**

Year 2 @ CSU



Getting to Year 2 @ CSU is a semester long program with events designed for first-year students in their second semester. Get the information you need to successfully transition into your second year at CSU! Learn about resources for housing, academic success, involvement, career readiness, and more.

[Visit our website](#)

CSUnity

Each spring, nearly two thousand volunteers from the CSU community gather for a day of service in and around Fort Collins. Volunteers could clean up yards/playgrounds/natural areas, mulch, plant flowers, paint sheds, sort food, visit with older adults, and much more. Service sites tend to be coordinated by local neighbors/residents (as in older adults or folk with disabilities who cannot complete these project themselves) and community agencies (as in non-profits organizations, as well as the City of Fort Collins, and other county, state, and federal agencies). A variety of community engagement opportunities are available on this one-day service plunge.



[Visit for more information](#)

Recipe of the Month

Ingredients:

- 20 oz bag cheese ravioli, cooked according to package directions
- 1 pound ground beef
- 1/2 teaspoon garlic salt
- 1/2 teaspoon pepper
- 1/2 cup chopped onion
- 1 tablespoon minced garlic
- 1-1/2 cups marinara sauce
- 1/2 cup Alfredo sauce
- 1-14.5 oz can diced tomatoes
- 4 oz cream cheese
- 3 cups shredded mozzarella cheese, divided
- Fresh chopped basil and oregano to garnish (optional)

Directions:

- Preheat oven to 350 degrees F.
- In a large skillet over medium high heat, cook ground beef and season with garlic salt and pepper. When beef is almost done cooking add minced garlic and diced onions and cook until beef is no longer pink.
- In a large bowl combine ravioli, marinara and Alfredo sauces, diced tomatoes, and beef mixture. Stir in 1 cup mozzarella cheese and cream cheese until fully combined and cheese has melted.
- Place mixture in a 2 quart baking dish coated with nonstick cooking spray, and top with remaining 2 cups of mozzarella cheese.
- Bake uncovered for 20 minutes, then broil on high for 2 minutes.
- Garnish with fresh chopped basil and oregano. Serve immediately with warm french bread.



[Visit for full recipe](#)