Looking for a Rental?

The 33rd Annual Housing Fair brings together property management companies, landlords, realtors, other community resources, and Colorado State University offices in an effort to inform students about their housing options and how to successfully live off campus.

When: Wednesday, February 7th from 9:00am to 4:00pm  
Where: Lory Student Center Main Ballroom

For more information, click here.
Study Abroad in Barcelona!

Come learn about the brand new LGBTQ Policy & Advocacy in Spain program where you can earn 3 upper division credits and live and learn in Spain (May 20 – June 2, 2018).

This CSU faculty-led summer program examines advocacy and policies which affect the LGBTQ communities in Spain. By traveling to Barcelona, students will have the opportunity to explore how one country’s journey toward equality can inform other countries. Site visits include visiting Casal Lamdba, an association working with local LGBTQ community social and health services, La Sagrada Familia, a day trip to Sitges, one of Spain's most gay-friendly town, and more! Cultural activities include survival Spanish language lessons, a Paella and Tapas cooking class, and a flamenco show.

The application deadline is February 15th.

More Information
Apply to be a Reisher or Puksta Scholar

Are you a highly motivated, hard-working student with a passion for volunteering? Apply for either the Reisher Scholars Program or Puksta Scholars Program! In order to apply, you must attend one of the following informational sessions.

**PUKSTA/REISHER Scholarship Information Sessions**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEC 5</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>DEC 6</td>
<td>5:00-6:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>JAN 22</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>JAN 23</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>JAN 23</td>
<td>5:00-6:00pm</td>
<td>Lory Student Center #322</td>
</tr>
<tr>
<td>JAN 24</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>JAN 25</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
<tr>
<td>JAN 26</td>
<td>12:00-1:00pm</td>
<td>Stadium East #02.02</td>
</tr>
</tbody>
</table>

There are two application deadlines for the Reischer Scholarship. For continuing candidates, the deadline is February 1st, 2018. For Transfer candidates, the deadline is May 1st, 2018.

The application deadline for the Puksta Scholarship is March 1st, 2018.

For additional information such as qualification requirements and application instructions, visit the link below, then click "Community for Excellence Scholar Programs".

Apply Here
Interested in becoming involved with Fort Collins City Council? This student-focused listening session gives you a chance to engage with Ross Cunniff, District 5 City Council Member of Fort Collins, and is a great opportunity to share your student perspectives with an important local representative.
Summer Jobs @ CSU

Mountain Campus
Conference & Event Services
Residence Life

Room & Meal Plan Included
Apps Due: Feb 9

Attend 1 Required Info Session
Sun, Jan 28
5:30PM
Durrell A

Mon, Feb 5
11AM & Noon
LSC RM 324

Housing.colostate.edu/ summer jobs
Work for INTO CSU!
INTO CSU is hiring dynamic, committed, passionate student staff for the 2018-2019 academic year.

Positions are advanced leadership roles that allow students to develop a wide array of skills including intercultural competence, working successfully in diverse teams, creativity, problem-solving, and maintaining high quality work outcomes while developing a fun, supportive work environment.

Positions available include:

**Student Ambassador**
Student Ambassadors serve as the first point of contact for international students learning English at the INTO CSU Center Welcome Desk, plan educational and entertaining programs, staff Orientation for INTO CSU students, and participate in personal and professional development. This is a student hourly position. Get the full job description and application link here: [https://goo.gl/W7qbpM](https://goo.gl/W7qbpM). Contact jen.hickman@colostate.edu with questions.

**Global Village Academic Mentor**
Academic Mentors work with international and domestic students in the Global Village Community in Parmelee Hall to assist with academic transition concerns, facilitate study sessions, conduct one-to-one meetings with students, plan group development activities and serve as academic and leadership role models. Mentors live off campus and work approximately 10 hours a week at an hourly rate. Get the full job description and application link here: [https://goo.gl/FhnKb3](https://goo.gl/FhnKb3). Contact pamela.graglia@colostate.edu with questions.

The deadline for all applications is Friday, February 16, 2017.

---

Rent a Locker in the LSC

We offer 3 different size lockers to students on campus. These quarter, full, and half-size lockers are located around the LSC and cost $20-$30 per semester.

To rent a locker for the spring semester, stop by our office (room 274, right by the bookstore) with your Student ID. The fee will be charged directly to your student account.
Getting to Year 2 @ CSU is a semester-long, campus-wide program with events designed for first-year students in their second semester. By engaging with Getting to Year 2 @ CSU initiatives, first-year students can get information they need to successfully transition into their second year at CSU! Students will be able to learn about resources for housing, academic success, involvement, building community, career readiness, and more. Not only will students receive valuable information pertaining to their second year at CSU, but they will also be entered into a chance to win raffle prizes by engaging in the programs and initiatives listed below. Prizes include Ramcash, meal swipes for their second year, secure bicycle parking and a FREE parking pass for the 2018-2019 academic year (a $520 value)! Participation will be tracked during the semester and winners will be announced at the beginning of May 2018.

For a full list of Getting to Year 2 @ CSU programs and initiatives including Career Center Industry Tours, Resume Rush, and Education Abroad Workshops, visit the link below.
Did you know that CSU has one of the largest group therapy programs in the country?

CSU Health Network is committed to the care of body and mind for all students. Our staff is proud to offer specialized groups and workshops to help students reach their mental health goals.

Why should students participate in group therapy?

- **Because it works.** Research shows that nearly all people can benefit from group treatment.
and that group therapy is as effective, if not more effective, than individual therapy. Students can grow and flourish by connecting with others, learning new skills, and taking responsibility for making positive changes in their lives.

- **A place for everyone.** CSU Health Network is dedicated to creating a welcoming, supportive space in which students can be seen and valued in their entirety. All students and all identities are welcome.
- **No cost for participation.** There is no charge for students to participate in groups and workshops. Participation in groups and workshops does not count toward the five individual counseling sessions per semester that all students receive by paying their student fees.

### Spring 2018 Groups and Workshops

#### Therapy Groups

- **Understanding Self and Others: Interpersonal Process Groups**
  - This group helps students build deeper connections, learn more about what stands in their way in relating to others, and provides a safe, supportive space to practice new behaviors.

- **Theme Groups** - helping students connect with others who share common experiences, identities, and concerns.
  - Topics include: Alcohol and Other Drugs (AOD) Support Group; Body Positive; Coming Out, Being Out, and Questioning Support Group; Cultivating Courage; DBT Tools for Success; Advanced DBT Tools for Success; Depression: Darkness Before the Dawn; Grief Group; Man to Man; Mindful Yoga; Taming the Anxious Mind; Thesis and Dissertation Support Group; Transgender and Gender Fluid Support Group; Women of Color Support Group

#### Group Workshops - for those who want the opportunity to be educated, increase knowledge of resources, and build coping skills in certain areas of their lives.

- Topics include: Alcohol and Other Drugs: The Mind Body Connection; Anger Management; Brain Scans; CannaBiz 101; Caring for Grief and Loss (new!); Eco-Spirituality (new!); Harm Reduction; Gender Issues; Live Safe 101; Mindfully Managing Stress; NADA Ear Acupuncture Group; Risk Management 101; Stages of Change; Values Clarification; Who Am I?

Students can register by calling the CSU Health Network at *(970) 491-7121*.

Additional info, including descriptions of the groups and workshops can be found through the link below!

**More information**

---

**Off-Campus Life:**

**Your Home Away from Home**

Our office offers a number of resources for student success. Take a Look!
Party Registration

Colorado State University and the City of Fort Collins have teamed up to create Party Registration. This is a service offered to CSU students (and all Fort Collins residents) as a way to avoid getting fines and other consequences from hosting a noisy party. Our office also provides students with helpful information in regards to throwing a successful party. If you would like to register a party, you can do so by visiting our office LSC, room 274. Please make sure to bring two forms of ID with you (Student ID, and State ID).

RentalSearch

Are you looking for a new place to live next year? CSU RentalSearch is a website that allows any CSU-affiliated person to look for places to live or to find possible roommates.

All you need is your eID and ePassword to log on and use the website.

Register Here

Rental Search
Roommate Round-Ups

If you are looking for a roommate for either now or in the future, Roommate Roundup is a helpful resource. This resource is provided through the office of Off-Campus Life. This event is a meet and greet between people who are looking for roommates, and people who have housing. You can find the exact dates and locations for upcoming Roommate Round-Ups on the link to our calendar below!

Try the New RamRide App

RamRide, CSU’s safe-ride program, now has a free app you can download to request your free ride! The app is available in both the iOS and Google Play stores.

RamRide operates Thursdays, 10pm-2am, Fridays and Saturdays, 10pm-3am. Request a ride during RamRide’s operational hours for a free, safe, non-judgemental ride home in Fort Collins.

Check Out the 2018 Handbook

Distributed to over 32,000 CSU students and families, the Off-Campus Life Student Handbook includes a guide on how to find a place to live, lease signing, good neighboring and roommate tips, utilities information, local ordinances, and much more!

Tips and Tricks to a Successful Semester
Bike Registration:

Protect your bicycle by registering with the CSU Police Department. Bike registration costs $10 for CSU students and increases the return rate of stolen bikes. Click here for more information.

Book Reservation:

Avoid the stress of purchasing books by reserving them at the Lory Student Center or online. Choose between new, used, or rental textbooks to fulfill your studying needs. Follow the link below for more information.

Try a Counseling Session:

As a CSU student, you are allotted five free counseling sessions per semester. Check out the new CSU Health and Medical Center and take care of your mental health while experiencing college. Click here for more information.

Reserving a Study Room:

The phenomenal CSU library provides study rooms for individuals or groups wishing to study independently. Contact the front desk of the Morgan Library. Follow the link for more information.
Get Academic Help with Tutoring:

TILT Tutoring provides an opportunity to participate in active learning in various subjects facilitated by a trained tutor and to work closely with peers who are taking the same class as yourself.
PACe, The Campus Writing Center, as well as the individual colleges throughout campus have resources for academic advising and tutoring.

Tutoring and Advising

Embrace Fitness Classes:

Try one of our many fitness classes available at the CSU recreational center. Workouts such as Yoga, Boxing, and Zumba all available to you. Contact the rec center front desk for times and dates.

Recreation Center

Recipe of the Month

5-Ingredient Pizza Pasta Bake

Ingredients:
- 12-14 ounces whole grain rotini pasta, uncooked (see note)
- 23.9-ounce jar of your favorite pasta sauce
- 2 cups water
- 2 cups (8 ounces) shredded, reduced-fat mozzarella cheese (divided)
4-5 ounces turkey pepperoni (quartered)
2 tablespoons shredded parmesan cheese
Additional parmesan cheese and fresh basil for garnish, if desired

Directions
1. Preheat oven to 425°F.
2. In an ungreased 9x13 baking pan, combine uncooked rotini, pasta sauce, water, 1 1/2 cups mozzarella, and pepperoni, stirring thoroughly to combine.
3. Top with remaining 1/2 cup mozzarella and parmesan.
4. Cover tightly with foil.
5. Bake for 30-40 minutes, until pasta is tender.
6. Garnish with additional parmesan and fresh basil, if desired.